

# King George V Stadium Group Exercise Timetable

Day/Time	Activity	Level	Price
<b>Wednesday</b>			
09:30 - 10:30	Ladies Body Tone	All	£4.80
<b>Thursday</b>			
09:30 - 10:15	Ropes, Hammers and Tyres	All	£4.80

Visit our website [www.lincsinspire.com](http://www.lincsinspire.com) to book your place online and view the latest, up-to-date timetables.