

Grimsby Leisure Centre - Main Pool programme Holiday time

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
07:00							
07:15							
07:30							
07:45	Public Swimming	Public Swimming	Public Swimming		Public Swimming	Swimming Clubs	Public Swimming
08:00	Adults only	Adults only	Adults only	Public Swimming	Adults Only	(6.30am - 8.30am)	Adults only
08:15	(7am - 9am)	(7am - 9am)	(7am - 9:15am)	Adults only	(7am - 9am)		(7am - 9am)
08:30				(7am - 10am)			
08:45							
09:00							
09:15							
09:30	Disabled Swim		Forever Fit			Swim Lessons	
09:45	(9:00am - 11am)		(9:15pm - 10am)			(8:30am - 11am)	
10:00			Adults Only				
10:15			4 x Lanes				
10:30			(9:15am - 10am)				
10:45			Staff Training	Aqua Aerobics			Public Swimming
11:00			(10am - 11am)	(10:20am - 11:05am)			(9am - 12:30pm)
11:15							Lanes available
11:30	Ladies Only		Public Swimming	Swimfit		Public Swimming	(9am - 12:15pm)
11:45	(11am - 12 noon)		(11am - 3:45pm)	(11am - 11:45am)		(11:15am - 12:30pm)	
12:00		Public Swimming			Public Swimming	Lanes available	
12:15		Lanes included	Aqua Aerobics	Deep Aqua	Lanes included	(11:15am - 12:15pm)	
12:30		(9am - 3:45pm)	(12 noon - 12:45pm)	(12 noon - 12:45pm)	(9am - 3:45pm)		
12:45							
13:00			Water Therapy			Inflatable and Floats	Inflatable and Floats
13:15	Public Swimming		(1pm - 2pm)	Public Swimming		(12:30pm - 2:30pm)	(12:30pm - 2:30pm)
13:30	(12 noon - 3:45pm)			(11:15am - 3:45pm)			
13:45			Adult Lessons			Public Swimming	Public Swimming
14:00			(1:30pm - 3:30pm)			(2:30pm - 3pm)	(2:30pm - 3pm)
14:15							
14:30							
14:45							
15:00							
15:15							
15:30							
15:45	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed		
16:00						Swimming Clubs	Swimming Clubs
16:15						(3pm - 5pm)	(3pm - 5pm)
16:30							
16:45	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		
17:00	(4pm - 6pm)	(4pm - 6pm)	(4pm - 6pm)	(4pm - 6pm)	(4pm - 6pm)		
17:15							
17:30							
17:45							
18:00	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed		
18:15							
18:30	Aqua Aerobics				Aqua Aerobics		
18:45	(6:10pm - 6:55pm)				(6:10pm - 6:55pm)		
19:00		Public Swimming	Swimming Clubs	Public Swimming	Public Swimming	Available for private hire	Available for private hire
19:15		(6:15pm - 9pm)	(6:30pm - 8.15pm)	(6:15pm - 9pm)	(6:15pm - 8pm)	(5pm - Onwards)	(5pm - Onwards)
19:30		4 x lanes					
19:45	Public Swimming						
20:00	(6:15pm - 9pm)						
20:15							
20:30					Adult Lessons		
20:45					(8pm - 9pm)		
21:00					Masters Class		
					(8pm - 9pm)		

Private Lessons



Grimsby Leisure Centre - Learner Pool programme Holiday time

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY							
07:00	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Private Swim Lessons (7am - 10am)							
07:15														
07:30														
07:45														
08:00														
08:15														
08:30														
08:45														
09:00														
09:15														
09:30														
09:45														
10:00	Female Swim Fit (11am - 11:45am)	Swim Lessons (10am - 12 noon)	Swim Lessons (9:30am - 11:15am)	Swim Fit (11am - 11:15am)	Swim Lessons (9am - 12 noon)	Swim Lessons (8:30am - 12 noon)	Family Swimming (10am - 3:45pm)							
10:15														
10:30														
10:45														
11:00														
11:15														
11:30														
11:45														
12:00														
12:15														
12:30														
12:45														
13:00	Swim Lessons (1pm - 3pm)	Family Swimming (12 noon - 3:45pm)	Family Swimming (11:15am - 3:45pm)	Family Swimming (11:15pm - 12:45pm)	Swim Lessons (1pm - 3pm)	Family Swimming (12:15pm - 3:45pm)	Family Swimming (10am - 3:45pm)							
13:15														
13:30														
13:45														
14:00														
14:15														
14:30														
14:45														
15:00														
15:15														
15:30	Private Swim Lessons (3pm - 4pm)	Family Swimming (12 noon - 3:45pm)	Family Swimming (11:15am - 3:45pm)	Private Swim Lessons (3pm - 4pm)	Family Swimming (12:15pm - 3:45pm)	Family Swimming (12:15pm - 3:45pm)	Family Swimming (10am - 3:45pm)							
15:45														
16:00														
16:15														
16:30														
16:45														
17:00								Swim Lessons (4pm - 6pm)	Swim Lessons (4pm - 6pm)	Swim Lessons (4pm - 6pm)	Swim Lessons (4pm - 6pm)	Swim Lessons (4pm - 6pm)	Swim Lessons (4pm - 6pm)	Family Swimming (10am - 3:45pm)
17:15														
17:30														
17:45														
18:00	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Available for Private Hire	Available for Private Hire							
18:15														
18:30														
18:45														
19:00														
19:15														
19:30														
19:45														
20:00														
20:15														
20:30														
20:45														
21:00														